

# skills.

# RESILIENCE

VISIT [SKILLS.ORG.NZ/WORKCHOICE](http://SKILLS.ORG.NZ/WORKCHOICE)

1) **ADAPTS AND IS FLEXIBLE WITH NEW & CHANGING SITUATIONS**

2) **HANDLES CHALLENGES & SETBACKS & DOESN'T GIVE UP**

3) **RECOGNISES AND ACCEPTS MISTAKES MADE & LEARN FROM THEM**

